

Community Newsletter



July 2023



Life Governor Award presented

Dale Fraser, CEO of Grampians Health, presented Cecily with the award, honouring her for her invaluable contributions to Grampians Health Edenhope.

Cecily has been volunteering at Edenhope Hospital for over 35 years and has also spent many years as president of the Hospital Ladies Auxiliary.

"This honour goes to those who have demonstrated outstanding commitment, dedication and support to the health service. The board does not take this lightly when we present this award and it only goes to super special people," said Mr Fraser.

"Cecily is a very deserving nominee of our inaugural Grampians Health award."



Grampians Health CEO Dale Fraser, with Grampians Health Life Governor recipient Cecily McFarlane.

Grampians Health launches new newsletter

Welcome to the first edition of our new newsletter for the Edenhope & District community.

Grampians Health is committed to providing the best possible health care for its communities and we hope through this newsletter, we will be able to keep you informed and updated on what's happening at your hospital.

Updates can also be regularly found on our website (grampianshealth.org.au) or through our social media channels.

New Menu Options for Meals on Wheels



Grampians Health Edenhope, in collaboration with the West Wimmera Shire and the local community, is thrilled to announce an exciting new initiative that brings a fresh perspective to the Meals on Wheels program.

Thanks to the well thought out menu options of Chef Anna McDonald, community members now have the freedom to choose from a diverse range of tasty meals.

In the past, Meals on Wheels provided a fixed menu to community members. However, Anna McDonald, chef at Grampians Health Edenhope, recognised the opportunity to enhance the program by introducing an array of mouth-watering options.

"The introduction of the new menu options for Meals on Wheels has been an incredible success," said Anna McDonald

"We wanted to ensure that the individuals we serve not only receive nourishing meals but also have the freedom to enjoy a diverse range of flavors. The positive feedback we have received has been fantastic."

Since the implementation of this innovative approach, the response from the community has been overwhelmingly positive. Community members are delighted with the newfound flexibility and the opportunity to tailor their meals according to their preferences and dietary requirements.



Zviko Jinga joins the Rural Outreach team

Grampians Health Edenhope is delighted to welcome Zviko Jinga to the Rural Outreach Program team.

Zviko grew up in Zimbabwe and lived and worked in the United Kingdom prior to moving to Australia.

With a Bachelor's degree in Sociology, a Master of Business Administration, and currently working towards completing a Diploma in Community Services, Zviko is looking forward to using her education and skills to support communities as a part of the Rural Outreach Team.

"As a Rural Outreach worker, my role is to support anyone who might need a trusted person to talk to, offering any non-clinical

related mental health support whilst guiding them to the best service and assistance in the area," said Zviko.

Working from the Health & Wellbeing Hub in Elizabeth Street, Zviko, Mal and Murray provide a free service as a part of the Rural Outreach Program. The aim of the program is to improve the wellbeing of community members who are struggling.

If you would like to know more about the Rural Outreach Program or would like to speak with one of the team about how they can help you, please call 1300 688 732 (1300 OUTREACH) or email wellbeingHUB@edmh.org.au.

Do you have any suggestions for us?

If you have a suggestion or an issue you want to raise, please contact us at feedback@bhs.org.au

We are committed to working with the communities in which we live and we value your feedback.

Like to join our mailing list?

If you'd like to join our mailing list to continue receiving this newsletter please send your name, email and postal address through to communications@gh.org.au 0403 560 800

Please also contact us if changes are required to your contact details.

Tania is now a qualified Diabetes Educator

Tania Shepherd became a newly qualified Diabetes Educator recently after receiving a scholarship and completing her studies at the James Cook University.

This qualification recognises Tania's expertise and dedication to helping individuals with diabetes.

As a Diabetes Educator, Tania will work with individuals who have diabetes to help them understand their condition, manage their blood sugar levels, and adopt healthy lifestyle habits. Tania will also provide support to those who are at risk of developing Type 2 diabetes and help them make lifestyle changes to prevent or delay the onset of the disease.

"Never did I think my son's diagnosis with Type 1 diabetes over 10 years ago would lead me to where I am today," said Tania.

"I am looking forward to empowering people with diabetes to live a full, healthy, happy life. Working with individuals and their families to overcome challenges and improve outcomes is my main goal.

We congratulate Tania. Her passion for helping people, combined with her knowledge and experience with diabetes, will help us continue to provide exceptional care to our patients.

To access this free service, simply call the Health & Wellbeing Hub on 5585 9830 or visit 65 Elizabeth street and ask for Tania or Marnie.



Roses for the residents

Lakeside living residents received a delivery of 37 stunning red roses.

Local florist RANE Flowers put the call out to the community to sponsor a rose for a resident. All of the proceeds were donated to Mollie and Braithan's Cystic Fibrosis fundraiser. The response from the community was overwhelming leading to an extra order for the residents.

Thank you to those people who generously sponsored the roses Danielle Moore, Sarah Domaschenz, Sara McDonnell, Edenhope Post Office & Gift shop, Now Dach's a Gallery Edenhope & District Echo Fiona Baxter, Annette Williams, Sally McClure, King's Katering, Jodi Finnegan, Narelle Hempel, Edenhope Race Club, Julie Carter, Elena/Lucy/Mathilda Dillon and Rebecca Heath.

Thank you to RANE Flowers for their generosity and coordinating this fundraiser.

Respect

Grampians Health believes in treating our staff with kindness and respect, as they work tirelessly to provide exceptional care to our community.

We have a zero-tolerance policy for any form of aggressive or poor behavior towards our healthcare staff, including verbal abuse, threats, or physical harm.

Such behavior undermines the crucial work that our staff do and has no place in any of our healthcare facilities.

We are committed to providing a safe and supportive work environment, where staff can feel valued and appreciated.

Please support our staff and your health service.

They work every day to bring great care to the community. They deserve our respect and support - without them, we simply don't have a health service.



Lakeside Living residents walk the red carpet

Dressed in their finest clothes and adorned with hats and furs, Lakeside Living residents walked the red carpet and were introduced as guests of the monarchy.

A scrumptious roast lunch was provided to the guests, and they all enjoyed sharing their royal stories and celebrating our new king.

Well done to our fantastic Lifestyle and Leisure team, especially Rosemary and Amanda, for this great initiative. What fun for the residents!

Andrew leading work for the entire Grampians Region



Formerly the Chief Executive Officer of Edenhope & District Memorial Hospital, Andrew Saunders is now working as the Executive Director of the Grampians Region Health Service Partnership (GRHSP).

Andrew is based and works predominately from Edenhope and is proud to be a part of the important work that the GRHSP is completing.

The GRHSP is one of the many regional partnerships formed to assist public health services to work together to address regional issues and collaborate on local priorities.

The Grampians Region includes

- Beaufort and Skipton Health Service
- Central Highlands Rural Health
- East Grampians Health Service
- East Wimmera Health Service
- Grampians Health
- Maryborough District Health Service
- Rural Northwest Health
- West Wimmera Health Service

The GRHSP focuses on a number of regional projects which include:

- COVID-19 response,
- Elective Surgery Reform Project
- Better @ Home – which aims to increase the amount of hospital services that can be delivered within the home.
- The Grampians Learning Hub
- Aged Care Reforms Response.

"The work of the HSP is focused across the Grampians region and is aimed at supporting all of our health services to provide the best care as close to home as possible.

"The opportunity to involve all sites in projects adds value to the work we do. We are making positive change for communities, which is a great feeling," said Andrew.



Liz, Sophie and Anna team up to spread their love

Grampians Health Edenhope's Acute Ward has recently received some gorgeous new bedspreads, thanks to the generosity of staff members Liz Smith, Sophie Conallin and Anna McDonald.

These three ladies were awarded Employee of the Year or Cultural Champion. Part of these awards was an allocation of \$2000 each to spend on a project of their choice for the facility.

The previous bed spreads in the acute ward were looking tired and needed updating.

We are so grateful to these ladies for choosing to use their award money for this project. They look great and give a modern and inviting look to the rooms.

Thank you Liz, Sophie and Anna for this great initiative.

Commitment to gender pay equity

Grampians Health has committed to reinforce gender pay equity across all levels of our workforce as we aim to build a diverse, equal and inclusive workplace.

Following the formation of Grampians Health in 2021, we formulated transparent processes on salary and contract negotiation and ensured that such procedures were looked at through a gender lens.

To further support this goal, we have put in place processes that match pay equity principles and managers across our workforce have been trained to be aware of negotiation procedures.

"Historically in healthcare, a gender pay gap has existed and it has generally skewed towards men. But, at Grampians Health, we are striving to bring in more pay equity and we have used the gender lens when recruiting and appointing staff," said Claire Woods, Chief People Officer.

In addition to employing fair pay practices, we have also included gender diversity as a selection criterion when allocating secondment opportunities.

The launch of our first Gender Equality Action Plan further highlights our commitment to bridge gender pay gap. This document is available on our website, grampianshealth.org.au

New strength and balance class for improved health and wellbeing

Grampians Health Edenhope is introducing new strength and balance classes to help people improve their mobility, balance, and overall wellbeing.

The program aims to help individuals strengthen and stretch their back, hips, legs, ankles, and feet, which can improve walking and completing daily activities

The program also aims to improve core strength, posture, and balance to help individuals feel safer and more confident in their daily lives.

Standing and seated exercises, as well as fun activities such as quoits, bowling, and other games are included in the program.

The goal of these classes is to help people feel more confident and capable in their daily lives. It's also a chance to meet new people, have fun, and improve overall health and wellbeing.



Based at the Elsie Bennett Centre, the program runs for six weeks for approximately two hours per session.

The first hour consists of exercises and the second hour consists of a cuppa, chat, and education session with a health professional.

To join a class, community members can contact the Health & Wellbeing Hub on (03) 5585 9830 and speak with Marnie or Narelle. Bookings are required to join a class.

Community Health Exercise Programs

Sometimes the smallest steps in the right direction ends up being the biggest step of your life. Tip toe if you must. but take the step.



Tuesday

9:30am GROUP EXERCISE @ Apsley RSL
4:00 pm GROUP EXERCISE @ EBCC
5:00pm Pilates @ EBCC

Wednesday

8:30am MEN ONLY@ EBCC
10:30am CHRONIC CONDITIONS
LIFESTYLE PROGRAM @ EBCC
4:00pm Hatha Yoga @ EBCC

Thursday

8:45am GROUP EXERCISE@ EBCC
11:00 am PILATES @ Harrow BNC
5:00pm YIN YOGA @ EBCC

Friday

8:30am MEN ONLY@ EBCC

CLASSES

GROUP EXERCISE - Aerobic @ strength training to improve flexibility, muscular strength, and cardiovascular fitness.

HATHA YOGA - Hatha yoga for everybody to build strength, flexibility, peace of mind

YIN YOGA - Long holds and mat-based postures that stretch out the connective tissues in the body, meditative and refreshing.

MEN ONLY - 'Pump it up', Exercise, stretching and strength training to improve flexibility, muscular strength, and cardiovascular fitness.

PILATES - Develops muscle tone, strength and flexibility and breathing. Mostly mat based.

LIFESTYLE PROGRAM - Exercise Program using gym equipment and group strength training for those with Chronic disease or risk of Chronic disease.



Murray to Moyne

In April our Murray to Moyne team battled strong head winds to complete this years ride from Mildura to Port Fairy.

Riders this year were Dennis Sharkey, Lisa and Matt Oliver, Grant Coxon, Andrew Nelson, Richard Wait and Trevor McClure., with support crew of Darce Penrose and John Perry. Jess Nelson and Sara McDonnell joined the ride from Hamilton.

The team are sporting new jerseys this year and we thank all the wonderful businesses that sponsored the tops.

This year the team are going to purchase a trio bike for our aged care residents.

It is not too late to support their fundraising efforts If you would like to sponsor our Murray to Moyne team. Donations can be made to the Bendigo Bank;

Edenhope & District Memorial Hospital Investment Ac
BSB: 633-000
ACC: 145 092 888

Please use your name as the reference and email sara.mcdonnell@gh.org.au if you would like a tax invoice. Cash donations can also be dropped into the hospital reception. Well done to all riders on completing another [#murraytomoyne](#). We are very proud of you efforts!

Thank you

A big thank you to the businesses that sponsored the teams jerseys.

Edenhope & District Community Bank
Edenhope Post Office
M&M Mowing & Maintenance
Matthew Munro
Warner Earth Moving
Edenhope Plumbing
D & S McDonnell
Edenhope Butchers
Chenhall Contracting
Kelly Shearing Services
West Wimmera Rural Services
WillPower
Henry Cooke
Ben Deutscher
Nelson's Trees
Coxons Plumbing
West Wimmera Advocate
RANE Flowers
Kings Katering
Australian Wool Network
Whiteheads Timber Sales
Lake Wallace Hotel
Edenhope Auto Electrical
Campbell Livestock
Edenhope Foodworks
West Wimmera Welding



Flu season is here!

Don't get stuck at home being unwell this winter The Grampians Public Health Unit recommends that all individuals aged 6 months and above get vaccinated against influenza. Individuals can also consider getting a COVID-19 booster vaccination. An influenza vaccine can be given on the same day as a COVID-19 vaccine.

Getting vaccinated against influenza not only protects you, it also helps prevent the spread of the flu to others around you.

The vaccine is free if you're part of a high-risk group, including children, pregnant women, older adults, and those with underlying medical conditions.

You can receive the vaccine at the Edenhope Medical Clinic, located behind the Hospital, please phone 5585 9888 to make a booking.

For more information, visit:

<https://www.health.vic.gov.au/infectious-diseases/influenza>

Meet some of our amazing team



Marg with resident Norma dressed up for St Patrick's Day



Hotel Service team members Damon and Ian celebrating St Pats Day



Rosemary enjoying playing bingo with the residents



Lakeside Living team members Kathy, Grace and Sonia



Celebrating Pride day - Debbie and Joseph



Enjoying a staff lunch Kurtis and Cath



Catching up at the staff lunch, Trilby, Carl and Jodi



What a team! Darwin & Michelle



Back to the Hub our District Nursing Team, Deb, Shelley, Kallie and Tania



Legends in the Acute Ward, Mylls, Liz and Sophie



Jessa, Manpreet, Sophie, Sharni, Regina, Katie and Lexa.

Amie and Christian to lead infection control at Edenhope



Grampians Health Edenhope are very pleased to appoint Christian Vidal and Amie Foley as the infection control nurses for Lakeside Living.

The role of an Infection Control Nurse will be to work with the team to minimise the risk of infection for patients, residents and health care workers.

Christian and Amie want everyone to remember the basic principle of infection control which is handwashing.

"It is a very simple but very meaningful and important aspect of infection control. Always remember, HANDWASHING will save us a trip to the hospital.

AGM highlights achievements and future priorities



As part of our commitment to report back to our communities, Grampians Health released a Twelve Months On report during the annual general meeting on 22 February.

This report details our progress on the goals that were set out during the formation of Grampians Health. The Twelve Months On report is available on our website.

Our achievements over the past year include the launch of the Strategic Plan and Clinical Services Plan; plans to guide our vision and service delivery for the years to come.



Grampians Health Board meets at Edenhope

In March, Grampian's Health CEO, Dale Fraser, and board directors visited Edenhope to hold a planning workshop at the Edenhope & District Community Centre.

The workshop provided an opportunity for the board to work on their priorities for Grampians Health.

After the session, the Board met

with the Edenhope Consumer Reference Group (CRG) members for an informal lunch. This allowed both parties to connect and discuss issues and the needs of the Edenhope & District community.

The board gained a better understanding of the community to shape the health service to suit its needs.

During the lunch, Chris Simpson shared his experiences with the health service and expressed his pride in the service.

He highlighted some of the achievements, such as the continuation of acute care, Lakeside Living community care, and the Health and Wellbeing Hub. The board members toured the facilities and met with staff members after lunch.

Local representation for Community Reference Group

Grampians Health has delivered on its commitment to establish Community Reference Groups (CRGs) to provide input into the provision and implementation of its services on an ongoing basis.

The CRGs represent the regions of each of the four health services that merged to form Grampians Health. Chief Strategy and Regions Officer for Grampians Health, Dr Rob Grenfell, said each group had solid representation but there is room for more to be involved in this 'public face' of Grampians Health.

"We are thrilled to welcome our local representatives to the CRGs, who have volunteered their time and experience to help us make the best decisions for the Grampians Health community," Dr Grenfell said.

"The CRGs have been established as an ongoing source of community connection through local representatives who meet with us on a regular basis. This was a commitment we made at the formation of Grampians Health to ensure that regional

voices continue to be heard and local communities remain an active part of our health service.

"The first members for Edenhope have been appointed and we are fortunate to have Annie Osborn to chair the Edenhope CRG.

"Mrs Osborn served for many years on the former Edenhope & District Memorial Hospital Board and has a strong awareness of our community needs and pitfalls. She is heading a team of community representatives who will keep Grampians Health informed of community sentiment around local health issues."

Mrs Osborn said it was important that the group had representation from across Edenhope & District area, and that she was looking forward to the group being able to provide significant input into the new health service.

"As chair of the Edenhope CRG my role is to report, represent and advocate for our local communities needs and priorities and how they deliver improved services to meet these needs," Mrs Osborn said.

"Having CRG groups in each community allows us to advocate on behalf of the community to enhance and maintain local access to care and services. Each member can engage with the community, speak to consumers and carers and ensure their concerns are recognised, and present how they think and feel to the Executive"

"By using effective communication and working together as a team our aim is to retain a high quality, safe and effective health care service to our community."

The CRG meets at least quarterly. There are still positions available on the committee – anyone interested in joining can contact communications@gh.org.au

For further information or to register your interest in becoming a member, please contact Denielle Beardmore, denielle.beardmore@bhs.org.au or phone 5320 4025.

Meet your CRG representatives

From top to bottom, L-R:

- Annie Osborn (Chair)
- Jenny Ackland (Deputy Chair)
- Cecily McFarlane
- Chris Simpson
- Dianne Carberry
- Ron Hawkins
- Sandy Plowman
- Jasmine Pendlebury



Profiles of these representatives can be found at www.edmh.org.au/crg

Meet our Leaders

Carolyn Robertson

Deputy Chief Operating Officer
Hospitals – West



Carolyn Robertson is responsible for the services at Stawell, Horsham, Edenhope and Dimboola.

"My role is exciting in that we have the best opportunity we will ever have to shape regional healthcare into the future," Carolyn said.

"My priority is to enable people, wherever they are in the Grampians Region, to have access to high quality evidence-based care while eliminating

the waste we have in our systems."

Carolyn enjoys supporting the west campuses to manage the challenges that lay ahead.

"The greatest benefits of our four health services coming together as Grampians Health is that we're better together. Having local knowledge and local people central to the planning and development of our health services cannot be underestimated."

Carolyn has previously lived and worked in the Wimmera and Mallee at the Hopetoun Bush Nursing Hospital and St Arnaud District Hospital.

"I am so excited to return to the area that has given me so much. Growing up, living, and working in a small regional town is an exceptional privilege," Carolyn says. "You make connections that are rare in larger towns and cities, and you genuinely feel part of the community."

Dr Rob Grenfell

Chief Strategy and Regions
Officer



Based in Natimuk, Rob Grenfell is responsible for overseeing the Grampians Public Health Unit, Population Health, Preventative Health, Project Management, Regional Partnerships, Service Planning Improvement and Workforce.

Rob has specialist expertise in health system analysis, strategic planning, governance, health risk management, and equity-focused care. He is passionate about access to healthcare in rural communities and bringing innovative systems to improve equity in regional settings.

"Grampians Health will enable much needed service delivery, locally. Equity of health care, regardless of where you live should be top of the agenda across Australia; I am thrilled to be part of the team who will be working to make that a reality across the Grampians" said Rob.

"Planning for and managing the complex requirements to successfully achieve our strategic goals will be challenging, and I couldn't be more ready."

Meet your local board member Avril Hogan



Avril brings a wealth of experience and expertise, especially in the field of marketing research and governance, to the board.

Avril is the general manager, at Longereng Agriculture College. She is very active in her local community.

Avril was the runner up in the 2014 Rural Women of the Year Award. As part of this achievement she was able to participate in the Australian Institute of Company Directors course.



What does the Clinical Services Plan mean for Edenhope?

The Clinical Services Plan is our roadmap for getting where we want to go. It enables us to prioritise clinical service development and identify key capital and infrastructure projects.

The strategies for Edenhope, discussed below propose preserving existing vulnerable bed-based services but also look to options that improve access and sustainability of services at Edenhope, particularly for community-based services, specialist outpatients, and 'recovery closer to home', amongst others.

The full Clinical Services Plan is available to view or download from the Grampians Health website, grampianshealth.org.au

“

The Clinical Services Plan is based on extensive research and analysis of the healthcare needs of our communities over the past ten years, and it has identified the need for specific services at each campus so that we can begin to fill these gaps and deliver services where they're needed.

”

– Dale Fraser, Grampians Health CEO

Key strategies for Edenhope include:

- Developing a sustainable GP service model that would include provision for structured leave, clinical support outreach and social inclusion programs.
- Clinical consultation advice for urgent care patients – including video-conferencing – from an enhanced Horsham ED, or from Ballarat ED.
- The development of an ACE program for acute inpatients.
- Increased remote/virtual access to specialist outpatient clinics. Of note are a chronic pain management service, rheumatology service, cardiology service.
- More accessible surgery to be provided at Horsham.
- Exploration of chemotherapy at home service.
- Development of Medi-hotel and staff accommodation at Edenhope.
- Availability of dental services on a periodic basis, particularly for school children.
- Development of increased clinical capability and capacity of community-based services and exploring the development of HITH.
- A community mental health service
- A master plan for the site (excluding residential aged care) that reflects new contemporary service models.
- Reliable baseline digital capability including:
 - An eMR that will facilitate communication amongst the various Grampians Health campuses and provide a necessary means of engendering organisational coherence and support;
 - Electronic medical prescribing; and
 - Remote real-time clinical monitoring and treatment.
- Providing direct patient navigation service for Edenhope patients.
- Community mental health consultations.
- A palliative care inpatient and expanded community service.
- Specialist consultation to the UCC.

Grampians Health Board Members

The Grampians Health board consists of previous members of the previously existing boards of Edenhope and District Memorial Hospital, Stawell Regional Health, Wimmera Health Care Group and Ballarat Health Services. More information about our Board and Executives can be found on our website.



Bill Brown
Chair



Anthony
Schache



Rhian Jones



Avril Hogan



Dr Nick Jones



Cora Trevarthen



Marie Aitken



David Anderson



Meghraj Thakkar



Heather Pickard

Grampians Health Executive Team



Chief Executive Officer
Dale Fraser



Chief Operating
Officer Hospitals
Ben Kelly



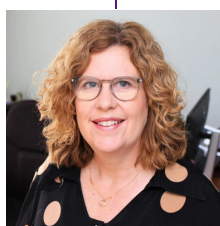
Chief Medical
Officer
Matthew Hadfield



Chief Nursing &
Midwifery Officer
Leanne Shea



Chief Operating
Officer Community &
Aged Care
Craig Wilding



Deputy Chief
Operating Officer
Hospitals - West
Carolyn Robertson



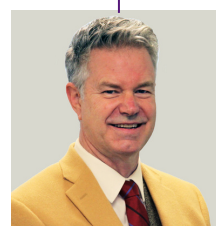
Deputy Chief
Operating Officer
Hospitals - East
Kate Pryde



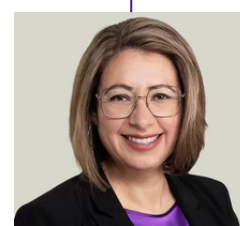
Chief Corporate
Services Officer
Rod Hansen



Chief People Officer
Claire Woods



Chief Strategy &
Regions Officer
Dr Rob Grenfell



Chief Redevelopment
& Infrastructure Officer
Veronica Furnier-Tosco

Our Strategic Plan on a Page

Our community is vast, diverse and unique. In coming together, we aspire to address the growing health and wellbeing challenges faced by the Grampians community.

Our Future

We are leaders in regional and rural healthcare

Our People

Our people are caring, skilled, highly trained and professional



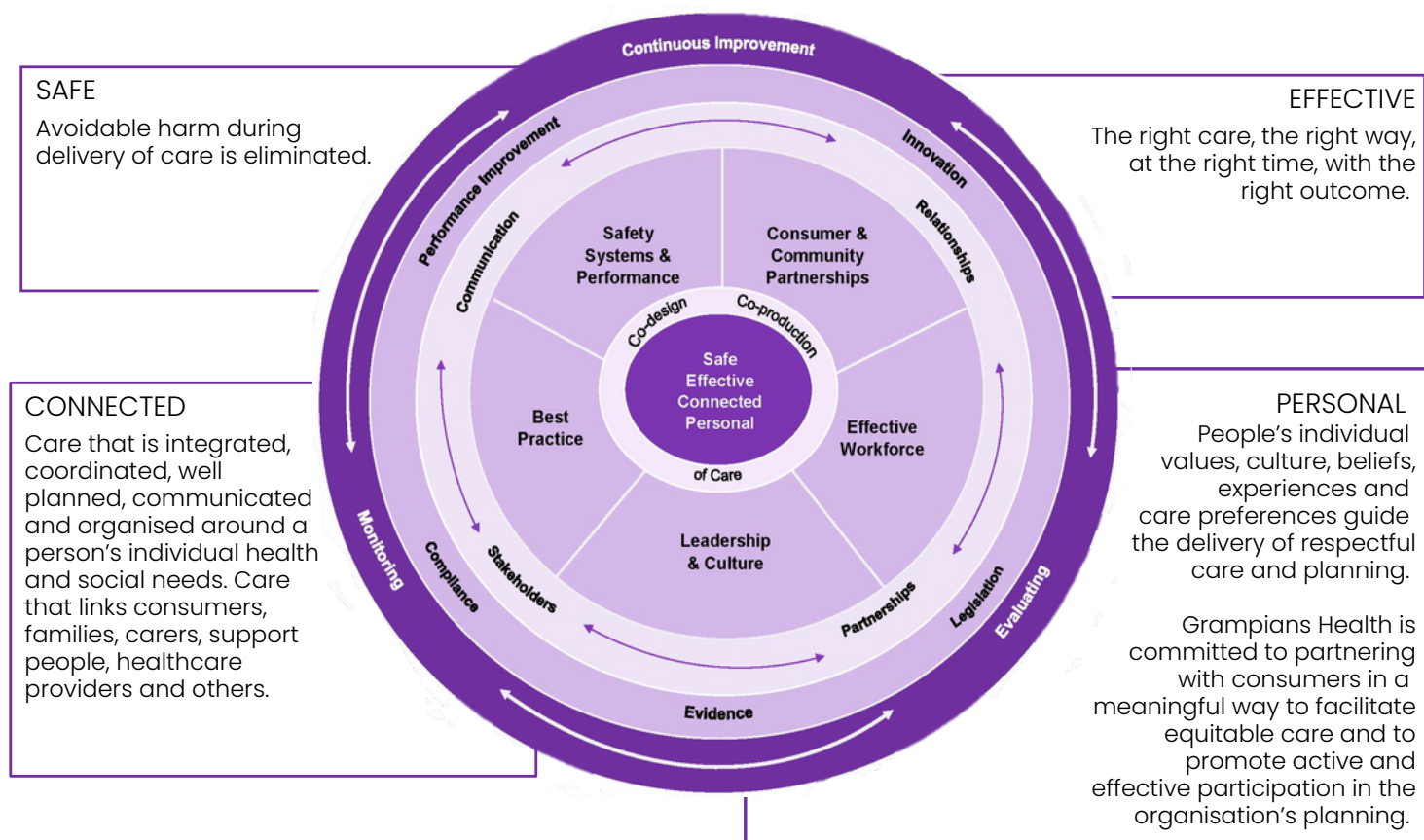
Our Partners

We engage with our community and network of partners to enhance outcomes and deliver connected care

Our Purpose	Our Vision	Measures of Success	Our Values
To deliver quality care for our community through safe, accessible and connected health services.	Grampians Health will be a trusted, progressive and innovative leader of regional and rural healthcare.	Our progress against our goals will be assessed using meaningful and measurable outcomes.	Collaboration Compassion Accountability Respect Innovation

Grampians Health Governance Framework

Ensuring everyone within Grampians Health are accountable to consumers and the community for assuring the delivery of health services that are safe, effective, connected, personal.



CONSUMER & COMMUNITY PARTNERSHIP

Co-design of care involves equal partnership of individuals who work within the system, who have lived experience of using the system and those that design the systems.

Consumer experience and participation is actively encouraged, we are committed to providing a positive consumer experience every time.

Grampians Health will partner with the diverse communities to uphold our commitment to equity and ease of access to healthcare for all.

LEADERSHIP AND CULTURE

Integrated systems are established, and used to improve the safety and quality of health care for consumers.

EFFECTIVE WORKFORCE

The workforce has the right qualifications, skills and supervision to provide safe, high-quality health care.

SAFETY SYSTEMS & PERFORMANCE

Safety and performance systems are integrated, actively managed, monitored, evaluated, and improved in the pursuit of safe high-quality care. Co-production involves working together to design systems using knowledge, resources and shared contributions to improve outcomes for all.

BEST PRACTICE

Safe and appropriate health care is provided based on current evidence to achieve the best possible outcome for the consumer.

Helping Communities Thrive

Grampians Health strives to deliver quality care for all our communities through safe, accessible and connected health services.

Urgent Care

5585 9800

Fully bulk billed medical service 24 Hours, 7 days a week.

If your condition is serious, or you are experiencing chest pains, you need to call 000 (Triple Zero) for an ambulance.

Acute Care

5585 9800

Provides 24 hour care, with care managed by our experienced nursing staff and visiting medical officers.

Residential Care

5585 9800

At Lakeside Living we provide, long term and respite care in a beautiful brand new facility overlooking Lake Wallace.

We also have one bedroom independent living units available for rent across the road from the Hospital.

Rural Outreach Program

1300 688 732

A free service. Our team of Outreach Workers can help when times get tough.

Elsie Bennett Community Centre

Social Support 5585 9825
Community exercises 5585 9845
Community Health Nurse 5585 9845

Telehealth

5585 9830

Have your appointment without leaving home, by linking with your clinician using a computer, smart phone or tablet.

Community Services

5585 9800

- Catering
- Laundry services
- Meals On Wheels -through the West Wimmera Shire

Health & Wellbeing Hub

5585 9830

Located in the main street of Edenhope. Services include:

- District Nursing
- Community Care Nurse
- In Home Care
- Post Acute Care
- Physiotherapy
- Diabetes Educator
- Cancer Resource Nurse
- Occupational Therapy
- Social Work
- Rural Outreach Program
- Mental Health Social Support
- Speech Pathology
- Podiatry
- Telehealth

Edenhope Medical Clinic

5585 9888

There is a medical clinic located onsite which is operated by Rural Doctors. Please phone them for an appointment or visit their website. www.ruraldoctors.com.au

For the full range of services and more detail on accessing the services please visit www.edmh.org.au